

## Where are we located?

### Intercare Brentwood Care Centre

2727-16th Avenue NW  
Calgary, Alberta T2N 3Y6  
Phone: (403) 289-2576

### Intercare Chinook Care Centre

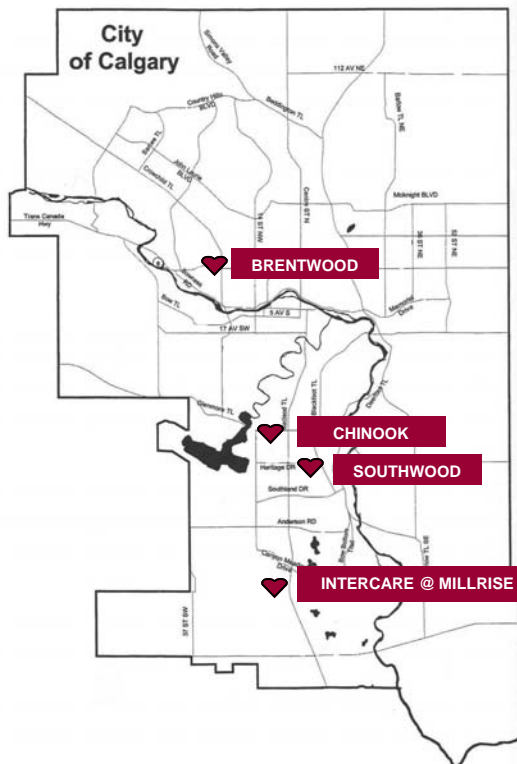
1261 Glenmore Trail SW  
Calgary, Alberta T2V 4Y8  
Phone: (403) 252-0141

### Intercare Southwood Care Centre

211 Heritage Drive SE  
Calgary, Alberta T2H 1M9  
Phone: (403) 252-1194

### Intercare @ Millrise

14911-5th Street SW  
Calgary, Alberta T2Y 3E2  
Phone: (403) 451-4211



## How can a person be referred to an Intercare Care Centre?

Referrals are made by contacting  
Alberta Health Services/Calgary Zone  
Community Care Access  
(403) 943-1920

For more information about Intercare  
contact us at:

Intercare Corporate Group Inc.  
Regional Office/Administrative Centre  
211 Heritage Drive SE  
Calgary, Alberta T2H 1M9  
(403) 252-1194

Visit our Website:  
[www.intercarealberta.com](http://www.intercarealberta.com)



Updated February 2011



*The "Heart of Excellence" -  
Honouring Life through Communities of Care*



*Our purpose  
is to maintain dignity,  
offer choice and  
support growth to  
those we serve*



## What is Intercare Corporate Group Inc?

Intercare Corporate Group Inc. (Intercare) is an Alberta based organization providing health and life enrichment services in continuing care centres since 1992. Currently we operate several care centres in Calgary: Chinook, Brentwood, Southwood and Intercare @ Millrise.

### Our Guiding Values

- ♥ **Respect** . . . honouring each other as individuals.
- ♥ **Compassion** . . . responsive to the needs of others—sharing joy, laughter and tears.
- ♥ **Commitment** . . . responsible and accountable for the safety and services we provide.
- ♥ **Ethics** . . . conduct based on integrity, openness and trust.

### What to Expect

Intercare's primary focus is to make our residents as comfortable as possible in our facilities. Our settings, caring staff and safe, secure living environments truly make Intercare a place to call "home".



## Services That We Offer

### Social Environment

Intercare strives to provide a diverse social environment that will accommodate the varied interests of our residents. Close to the conveniences of city life, our settings offer active and caring environments that are supported by staff, families, friends and volunteers. Fitness classes, off-site outings, crafts and musical activities are just a few examples of programs offered.



### Comfortable Living

Intercare's commitment is to provide residents with tastefully designed and functional living environments that promote safety, dignity and independence.

There are no set visiting hours. Family and friends are always welcome.

### Nutritious Dining

Intercare's dining rooms accommodate all of our residents so that meals can be enjoyed in a social atmosphere. Following the Canada Food Guide, a wide variety of nutritional cuisine is offered. Our staff also cater to special dietary needs.



### Professional and Friendly Care

Our multi-disciplinary teams work to ensure that all facets of our residents' health and wellness are properly managed. Whether the needs are medical, physical, emotional, social, spiritual— or the challenge of day-to-day living—our trained staff work with residents and their families to develop individualized Care Plans for each resident.

### Communities of Care

Intercare offers a Community of Care Model that is structured to meet the care and care-related service needs of our residents now and in the future. Our model emphasizes a holistic approach to health and wellness. Working with the local communities, Alberta Health Services/Calgary Zone and numerous educational institutions, the model endeavors to ensure that seniors and those with disabilities have timely, affordable access to the care, accommodations, services and supports needed to maximize independence and lead fulfilling lives.

### Alternate Relationship Plan (ARP)—Physicians

ARP Physicians are a group of dedicated doctors who provide comprehensive medical care for residents living at our Intercare sites.